

Autumn Diocesan Gathering
Diocese of Albany, NY

Living Like
Francis:
Humility, Patience
and Mercy



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At the Door of
Mercy...

...Ask Jesus What
He Wants of You

The Year of Mercy



Pope Francis on
The Year of Mercy

"The Holy Year of Mercy is dedicated to living out in our daily lives the mercy which God constantly extends to us."

"The Jubilee Year is the message of Jesus' Divine Mercy: Do deeds of mercy in word, prayer and action for those in need and for your neighbor."

Leadership



The world desperately needs leaders.

And a new model.

Followership



The world desperately needs followers.

And a new model.

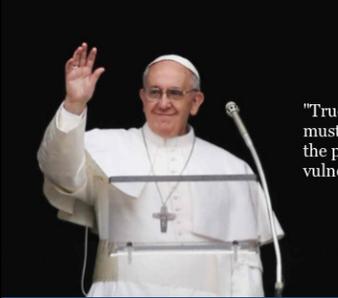
Pope Francis



Read the Beatitudes.
Read Matthew 25.



Blessings for Leaders:
Leadership Wisdom from the Beatitudes



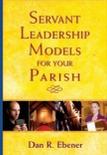
"True power is service. The Pope must serve all people, especially the poor, the weak, the vulnerable."
- Pope Francis

Catholic Facebook Covers: StPetersList.com/FBCovers

Servant Leadership

- What is it anyway?

Greenleaf:
Motivated to serve, then to lead.




Servant Leaders



- Ultimate test of the servant leader:
 - Are those being served healthier, wiser, freer?

Focus: Relationship Side of Leadership

Leadership is:

Interactive, voluntary relationship moving toward common goal



Love, Truth and Beauty

Aquinas

- Three ways that God enters into human lives.
- God gives us free will.
- Great model for human leadership.
- Leadership is not coercion.



Pope Francis



Humility
Patience
Mercy

- Virtues =>
- Develop Character
- The Beatitudes



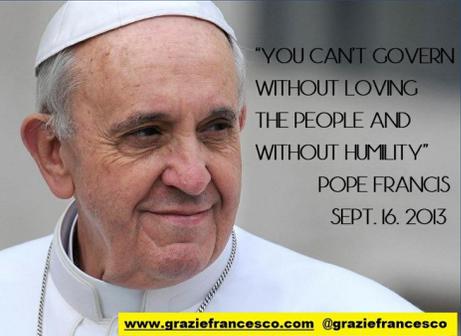
Humility



Hummus
Humor
Human
Humane
Humanity

Meek

Pope Francis on Humility



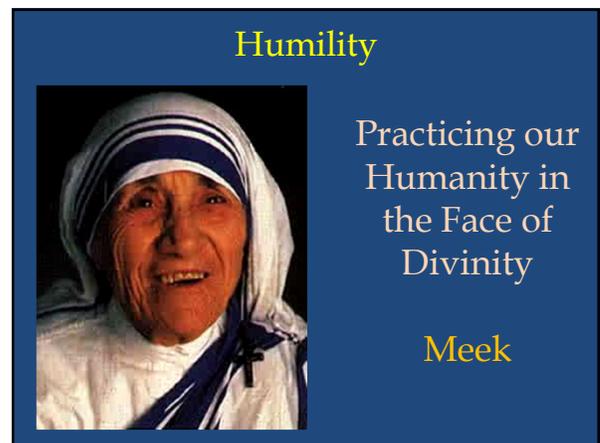
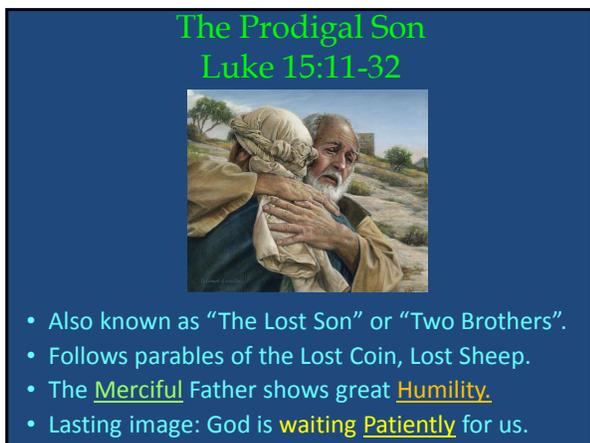
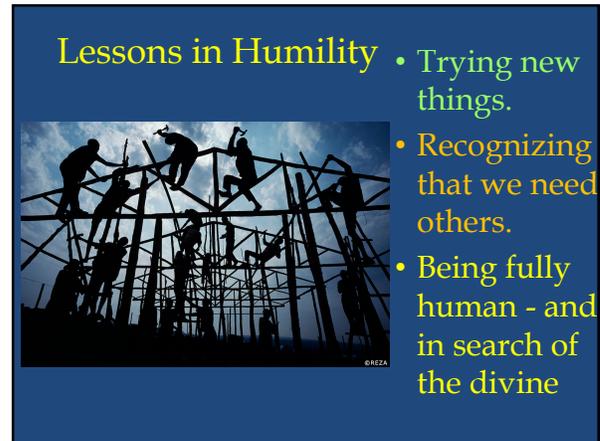
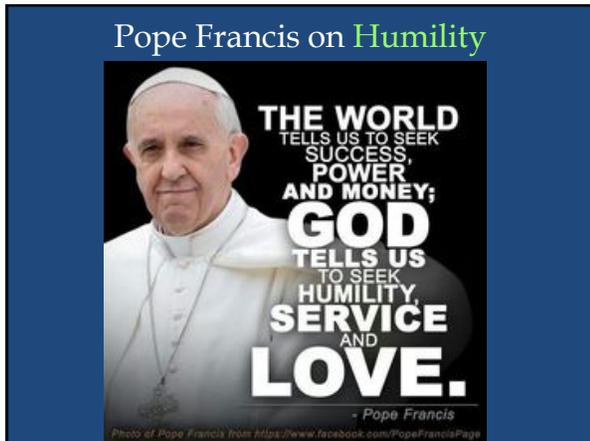
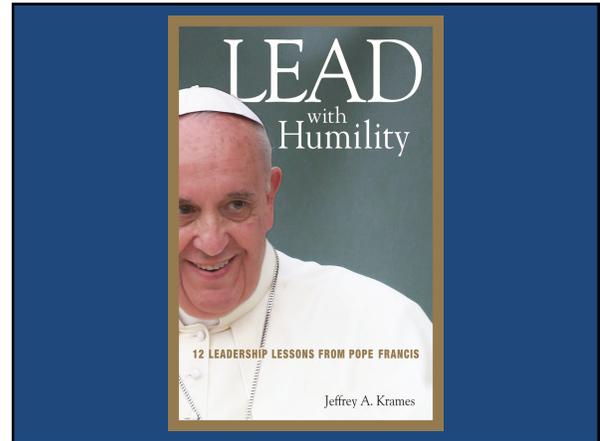
"YOU CANT GOVERN WITHOUT LOVING THE PEOPLE AND WITHOUT HUMILITY"
POPE FRANCIS
SEPT. 16, 2013

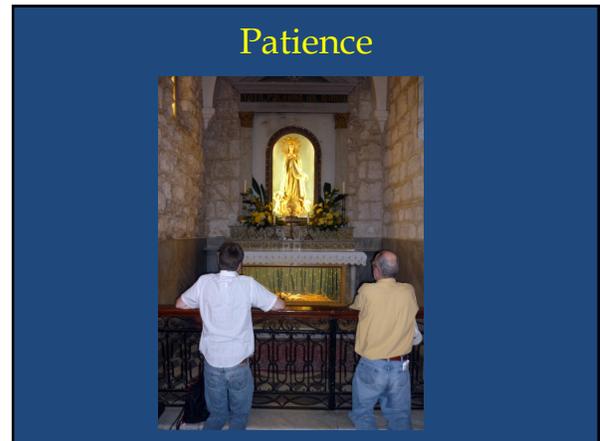
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Pope Francis on Humility

- "Humility is above all God's way: God humbles himself to walk with his people." – Palm Sunday 2015
- "In the end, humility also means service... It means making room for God by stripping oneself, 'emptying oneself,' as Scripture says. This -- the pouring out of oneself -- is the greatest humiliation of all." – Palm Sunday 2015







Patience

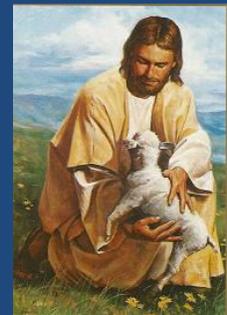
Patience = Suffering



Pope Francis on Patience and Mercy

- “This is important: the courage to trust in **Jesus' mercy**, to trust in **His patience**, to seek refuge always in the wounds of His love.”

— Homily on Divine Mercy Sunday, April 7, 2013



Patience

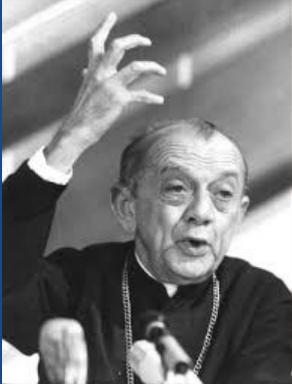
- “**In God's time**”: A sign of faith in God's timing, not ours
- “**Let us run the race before us with patience**” – Hebrews 12:1
- One of the **7 Gifts of the Holy Spirit** – Galatians 5:22



Pope Francis on Patience



- About Thomas the Apostle who had asked to see the wounds of Jesus in his hands and feet before he would believe, the Pope says:
- “**With patience**: Jesus does not abandon Thomas in his stubborn unbelief ... He does not close the door, He waits. And Thomas acknowledges his own poverty, his little faith. “My Lord and my God!”: with this simple yet faith-filled invocation, he responds to **Jesus' patience**. He lets himself be enveloped by Divine Mercy.” — Homily on Divine Mercy Sunday, April 7, 2013



Dom Helder
Camara

“Patient
Impatience”

“Ah! Brothers and Sisters, God's face is the face of a **merciful** father who is always **patient**. Have you thought about God's **patience**, the **patience** He has with each one of us? That is His **mercy**. He always has **patience**, **patience** with us. He understands us. He waits for us... “Great is God's **mercy**,” says the Psalm.”

— *Angelus on March 17, 2013*

Pope Francis on
**Patience and
Mercy**



Pope Francis on
**Patience and
Mercy**



- “Let us never lose trust in the **patience and mercy** of God!” - *Homily on Divine Mercy Sunday, April 7, 2013.*
- About the father in the parable of the Prodigal Son:
- “God is always waiting for us, He never grows tired. Jesus shows us this **merciful patience** of God so that we can regain confidence and hope — always!”
— *Homily on Divine Mercy Sunday, April 7, 2013*

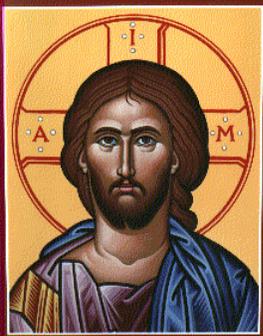
Patient with Each Other



“May the Lord grant us the grace to watch our tongues and be careful of what we say of others, because through our weakness and sin, we often find it easier to insult and denigrate than say or do good”.

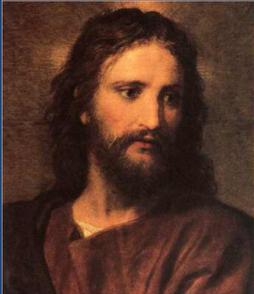
+Pope Francis

The Wise Builder
Matt 7:24-27



- “Listen to these words...
- And act upon them!”
- Rain fell, floods came but house on rock stood
- Rain came, floods came but house on sand fell
- Wise man is one who built his house on rock
— The foundation of **Wisdom** is the Word

The Wise and Foolish Bridesmaids
Matt 25:1-13



- The foolish ones lacked **patience** to wait.
- To the master: “Open the door for us.”
- “Some things are not mine to give.” — Jesus
- **Wisdom** and character cannot be given.
- **Patience** must be nurtured and developed

The Sower and the Seed

Matt 13:1-23



The Sower and the Seed

Matt 13:1-23

- Fell on the Path
- Fell on Rocky Ground
- Fell on Thorny Ground
- Fell on Fertile Ground



- Too Busy
- Too Shallow
- Too Distracted
- Generative Listening

Listening is Not for Multi-Tasking



- Listening is a Solo Task

Active Listening



Active Listening

Active listening requires full attention. We cannot rehearse what we are going to say and listen at the same time.

- Maintain eye contact
- Be aware of your expressions
 - emotional intelligence
- Let the other person finish
- Acknowledge emotions
- Pause




Eliminate distractions



Probe for clarification



Summarize what the other person has said



Confirm understanding

Generative Listening

Generative listening requires that we get outside of ourselves and focus on the needs and interests of the other person. It requires great empathy.

- Empathy:
 - Identifying with the **needs and interests** of the other person
 - Getting outside of ourselves so we can see the issue from the **perspective** of the other



Generative Listening

Generative listening requires focus. The two biggest obstacles to focusing on the present are our thoughts about (1) the past and (2) the future.

- Being **mindful**
- Being fully **present** to the moment
- Being **aware** of what is happening in the room
- Being **self-aware** of what is happening in YOU



Proprioception

Close your eyes. Take your right arm and swing it above your head. Somehow, you know where that arm is without looking at it. This is due to Proprioception.

- We have the power to think about what we are thinking
 - And our "thoughts"
 - And our intentions.
- We have the power to think about what we are feeling
 - And our "felts".





Proprioception

- Reflective
- Introspective
- Pro-active
- Strategic

Growing in Wisdom

Patience is Wise

Wisdom versus Knowledge

- We grow in **wisdom** by taking time to reflect on our thoughts, emotions and intentions.
 - Get on the balcony
 - Take time for reflection
- Practicing virtuous behavior
- Wisdom requires reflection



Patience



Mercy

Image of God as Merciful in Old Testament

Hebrew = "Hesed"
= God's covenant of *Loving Kindness*

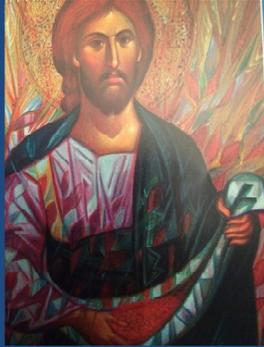


Mercy

Mercy in New Testament

Greek = Compassion, Forgiveness

"*Merci*" = Gratitude.



The Merciful Father Luke 15:11-32



- The Merciful Father shows great Humility.
- Lasting image: God is waiting Patiently for us.

EXTRAORDINARY JUBILEE OF MERCY

DEC. 8, 2015 - NOV. 20, 2016



"IT WILL BE A HOLY YEAR OF MERCY."
-POPE FRANCIS

Pope Francis on Mercy



- "Let us become agents of this mercy, channels through which God can water the earth, protect all creation and make justice and peace flourish."

—Easter Urbi et Orbi message on March 31, 2013

*'A little bit of mercy
makes the world less
cold and more just.'*

- Pope Francis

Forgiveness: Mother and Child



Mercy



- European Refugee Crisis

Mercy = Empathy in Action



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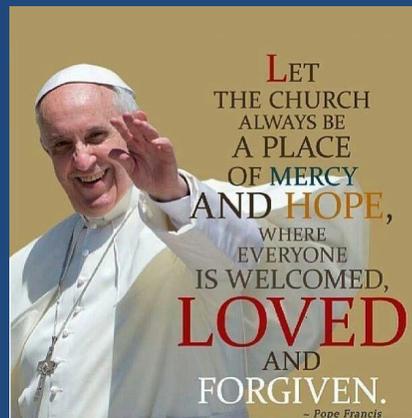
Mercy in Word, in Prayer and in Deed



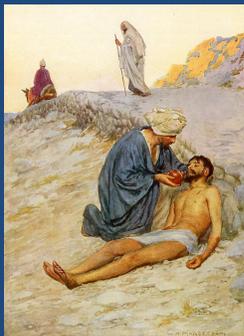
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The Children of War

Pro-Life



The Good Samaritan
Luke 10: 25-37



- Answers the question, "Who is my neighbor?"
- Priest and Levite asked, "If I stop to help this man, what will happen to me?".
- Samaritan asked, I do NOT stop to help this man, what will happen to him?".

Matthew 25:31-46

Inasmuch

- The Unexpected:
- Jews expected to be judged on two factors:
 - Keeping the law
 - Being Jewish
- Jesus is shocking his audience with this new criteria.



Matt 25: 31-46




- **Works of Mercy:**
 - The work of *The Righteous.*
 - Straight-forward.
 - **Unconditional**
 - Indiscriminate
 - Jesus calls those in need his *Brothers and Sisters*



The Corporal Works of Mercy

- Feed the Hungry
- Give Drink to the Thirsty
- Clothe the Naked
- Shelter the Homeless
- Visit the Sick
- Visit the Imprisoned
- Bury the Dead





The Spiritual Works of Mercy

- Admonish the Sinner
- Instruct the Ignorant
- Counsel the Doubtful
- Bear Wrongs Patiently
- Forgive Offenses Willingly
- Comfort the Afflicted
- Pray for the Dead




The Merciful Church



Pope Francis: Humility, Patience and Mercy



Pope Francis on Humility, Patience and Mercy

- “I say it with all **humility** — that this is the Lord's most powerful message: **mercy.**”
— *Homily on March 17, 2013*
- “We need to understand properly this **mercy** of God, this **merciful** Father who is so **patient.** ... Let us remember the Prophet Isaiah who says that even if our sins were scarlet, God's love would make them white as snow. This **mercy** is beautiful.” — *Angelus on March 17, 2013*

Can We Lead and Live Like Francis?

- Humility
- Patience
- Mercy



Pope Francis on The Year of Mercy

*“The Jubilee Year is the message of Jesus' Divine Mercy: **Do deeds of mercy in word, prayer and action for those in need and for your neighbor.**”*

Find new ways to spread the Word of God to every corner of the world.

Pope Francis

www.worksbyfaith.org



Discussion Questions

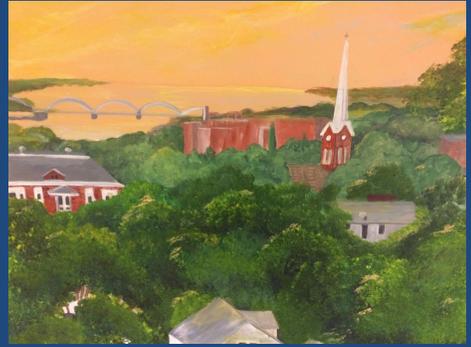


How can we practice Humility?

How can we practice Patience?

How can we practice Mercy?

Take this message to your parish



Corporal Works of Mercy



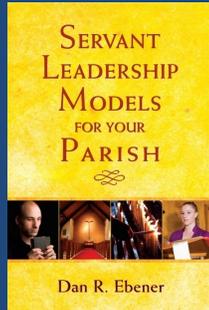
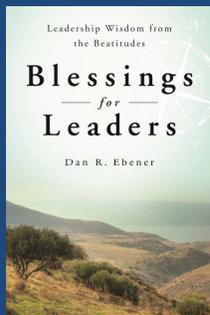
- To feed the hungry.
- To give drink to the thirsty.
- To clothe the naked.
- To shelter the homeless
- To visit the sick.
- To visit the imprisoned
- To bury the dead.

Spiritual Works of Mercy



- To instruct the ignorant.
- To counsel the doubtful.
- To admonish sinners.
- To bear wrongs patiently.
- To forgive offences willingly.
- To comfort the afflicted.
- To pray for the living and the dead

Questions ??



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Prayer for the Year of Mercy

“Send your Spirit and consecrate every one of us with its anointing, so that the Jubilee of Mercy may be a year of grace from the Lord, and your Church, with renewed enthusiasm, may bring good news to the poor, proclaim liberty to captives and the oppressed, and restore sight to the blind.”

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Thank YOU !

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